



Youth and Family Enrichment Services

PROGRAM DESCRIPTIONS

The Department of Early Childhood and Family Intervention Services

- ***Child Abuse Treatment*** - Provides psychotherapy services for families who have been referred by San Mateo County's Child Protective Services.
- ***Differential Response*** – Provides support and services for families who have been referred by San Mateo County's Child Protective Services. Case manager work with families to find solutions through schools, government and community groups in their neighborhood, including legal aid, job training, child care and other.
- ***Healthy Homes*** – Provides free in-home family therapy for children, age 0 to 5, who have experienced family violence; services include caregiver/child counseling, play/art therapy, and case management.
- ***Learning Together*** – Helps parents of families with children 0-5 to stabilize their living situation, understand stages of child development, increase parenting skills and prepare their children for school.
- ***Prenatal-to-Three*** - Program provides public health services, links to community resources, parenting classes and mental health services to families, with the goal of ensuring the healthy early brain development of the children.

The Department of Integrated Treatment and Co-Occurring Services

- ***Archway*** – Provides court-mandated counseling and educational services to adults convicted of domestic violence and first-time drunk driving or drug offenses.
- ***Family Law Services*** – Offers legal assistance with filing for divorce, restraining orders, child custody, visitation rights, and child and spousal support; also provides workshops to the public on family law-related topics.
- ***First Chance*** – Provides 24-hour “sobering stations,” counseling, referral and outpatient services as alternatives to jail for persons arrested for public intoxication or driving under the influence.
- ***Insights*** – Offers voluntary and court-mandated drug and alcohol recovery programs for teens and their families.
- ***Juvenile G.I.R.L.S. Program*** – An intensive dual-diagnosis, day treatment program for incarcerated and post-incarcerated adolescent girls and their families.
- ***Women's Enrichment Center*** – An intensive 10-week, day treatment program for women diagnosed with both substance abuse and mental health issues.

The Department of Clinical and Community Services

- ***Counseling Clinic*** - Provides psychotherapy services to families, individuals, couples and groups at our San Carlos clinic
- ***Crisis Intervention and Suicide Prevention Center*** – Operates 24-hour crisis, parent, alcohol and drug hotlines and provides an on-call youth intervention team to respond to crisis conditions and conduct suicide assessments.
- ***School-Based Counseling*** – Offers individual, group and family counseling and case management services on school campuses.
- **The Children’s Place** – Offers education and counseling to children of parents who are addicted to drugs or alcohol in order to break the cycle of addiction.
- ***Youth Diversion Services*** – Offers an alternative to the Juvenile Justice System for first-time juvenile offenders who are referred by local law enforcement agencies. Provides family, individual, and group psychotherapy for participants at clinic sites and police department locations throughout San Mateo County.
- ***Volunteer Services*** – Oversees recruitment, placement and monitoring of agency volunteers.

The Department of Youth and Family Transitional Services

- ***Fostering the Future*** – Helps foster and kinship care youth 11-25 realize their dreams by connecting them with and Asset Coach. Asset Coaches can help youth improve their academic skills, build strengths and skills for living independently, establish permanent relationships with caring adults, and develop a sense of belonging to the community.
- ***Youth Development Initiative*** – Promotes and strengthens youth/adult relationships by increasing community involvement by youth, sponsoring peer mentor programs, and advocating the youth asset development model.
- ***Daybreak*** – Provides six-month transitional housing and independent living skills education for homeless youth aged 16-19, as well as subsidized housing and support for graduates of the program.
- ***Transitional Housing Placement Program*** – Provides transitional housing and independent living skill practice for emancipating foster youth.
- ***Your House South*** – Offers 24-hour emergency and temporary housing for youth, ages 10 to 17, from families in crisis; provides a structured 14-30 day residential program that includes individual, group and family counseling to achieve family reunification.